

Lilac Belt Level (2 Weekly Classes)

Must achieve 85 or higher to move up



Category/Step	Combination		Value	Score
Terminology		As white and yellow plus ronde de jambe en l'aire, grande ronde de jambe, envelope, flique flaque, fouettes, petit battement under, ron verse in attitude, step up pique turns, grande port de bras, quatre, trois, royale, temps levé, chassé en tourna, tombé coupé, balancé en tourna, saut de chat vs grande jeté, saut de basque, temps de quisse, contra temps, tour jeté, PLUS	6	
Barre Work	Tendu 1 st	Complexity in tendu 1 st warm up	2	
	Plié	Complexity in plié combinations and 3 count balance in passé relevé, can move port de bras while balancing	2	
	Footwork/Demi Pointe	Strengthened tibialis muscle/over big-toe in all relevé	2	
	Tendu 5 th	Complexity and sharpness in tendu combinations with epaulement/port de bras, transfer of weight and alternating 5 th /1st	2	
	Degagé	Complexity in degagé combinations (see tendu)	2	
	Ronde de Jambe/Fondu	Complexity in ronde de jambe combinations (add port de bras)/ Adding grande ronde de jambe,	2	
	Ronde de Jambe En l'aire	Simple ronde de jambe en l'aire with square alignment	2	
	Frappé/Petit Battement	Complexity in frappe combinations/ repeat on relevé	2	
	Adagio at the barre		2	
	Grande Battement	Complexity and sharpness in grande battement and repeat on relevé	2	
Center Work	Body Directions	Epaulé	2	
	Port De Bras	Shows resistance in port de bras (with weight)	7	
	Center Stretch	Should be well aligned without assistance	7	
	Adagio	Full Stanley/Center adagios	2	
	En Tourna	Full repertoire of travelling en tourna including step up pique, pique, chaîné, sutenu, emboité. Can differentiate between relevé turn and pique turn.	7	
	Chassé	With en tourna	2	
	Pirouette	En dehor and En dedans with guidance	2	
	Waltz	Full waltz combination with en dehors pirouette	2	
	Petit Allegro	Complexity in petit allegro/Battu	2	
	Grande Allegro	Variations on the grande allegro combination including tombé pas de bourre prep, tombé coupé jeté, sauté faille prep	5	
Alignment & Placement	Barre alignment	Increasing turn out and extension. Knowledge of placement and alignment in all barre work	7	
	Fifth Position and Turn Out	Heel to toe/toe to heel at all times	7	
	Knees/Legs	Straight knees in extensions, deep plié with heels down in all jumps	7	
	Relevé	Height of the relevé should show improvement and preparation for pointe	7	
Movement Quality	Port de Bras during Jumps & Waltz	Held from the back, arms slower than legs in grande allegro, arms held in petit allegro	2	
	Landings	Quiet jumps, toe-ball-heel landing and stretched achilles	2	
Flexibility		Increasing Flexibility and ability to self stretch regularly	2	
Class Etiquette	Dress Code	Dress code, bun and appropriate shoes at all times. Student can put their own bun up, tie their own shoes.	2	