

Yellow Belt Level (1 Weekly Class)

Must achieve 85 or higher to move up



Category/Step	Combination		Value	Score	
Terminology		All White Belt terminology, Attitude, Changement, Battu, Pirouette, Temps lié, Sissone, upstage, downstage	2		
Barre Work	Tendu 1 st	All White Belt Combinations + temps lié and variations on sutenu, variations on demi pointe	2		
	Plié	Variations and addition of specific epaulement, 4 th position pliés, and circular port de bras	2		
	Footwork/Demi Pointe	Variations	2		
	Tendu 5 th	Introduction to patterns on tendu combination/ accenting/	2		
	Degagé	Introduction to patterns on degagé combination /accenting/	2		
	Ronde de Jambe/Fondu	Preparation 7/8, lunge, balance in attitude & arabesque	2		
	Frappe/Petit Battement	Frappé with accent, Frappé en relevé	2		
	Developé/Grande Battement	Variations on developé and grande battement combinations	2		
	Center Work	Body Directions (En Errière)	Croisé, en face, effacé, ecarté, a la seconde	6	
Port De Bras		As white belt, plus 4 th position port de bras and 'mermaid arms'	5		
Adagio		Part 1 of Stanley as white belt without guidance, with turn out, epaulement, relaxed shoulders, square arabesque, coups de pieds (no sickling)	5		
Waltz		Clean waltz en tourna without assistance, add fourth position to tombé pas de bourre to prep for pirouette	5		
Consecutive Piques En Tourna		Straight supporting leg, pointed gesture leg, building to en tourna	5		
Pirouettes		Stanley pirouettes en dehor	5		
Petit Allegro		Changement in center/glissade pas de chat glissade assemble with 5th	5		
Grande Allegro		Sauté faille glissade grande jeté (as battement, battement) (Without assistance), up-and-over with hold in arabesque landing	5		
Alignment & Placement		Barre alignment	Shoulders square over straight hip alignment belt for all of barre	8	
		Knees/Legs	Straight knees in tendu, pique, ronde de jambe	8	
	Epaulement/Port De Bras	Should be able to engage in epaulement and port de bras during barre/adagio and grande allegro	8		
	Coups de pieds/B+	Must not sickle at least with verbal assist	8		
Musicality	Counting	Able to count and move with music, recognize mood of music	2		
	Accenting	Accenting and Syncopation of frappe and petit allegro			
Class Etiquette	Dress Code	Dress code, bun and appropriate shoes at all times	1		
	Paying Attention/Focus/Fidgets	Minimal distractions, no fidgets at the barre, is engaged in class at all times	2		
	Retention and Home Practice	Student remembers corrections and applies them	2		